



Christians Against Poverty (CAP)

Help for those struggling with debt and money management courses. ☎ 0800 328 0006 ✉ info@capuk.org capuk.org



Christian Community Action (CCA)

Providing furniture, bedding, kitchen items, white goods and support. ☎ 0118 951 2337 ✉ support@ccam.org.uk ccam.org.uk



CIRDIC

Providing hot food, showers, clothes and access to medical treatment on site. ☎ 07817 373 773 ✉ enquiries@cirdic.org.uk cirdic.org.uk



CommuniCare

Giving support to claim benefits, appeal unjust decisions and to ease financial hardship. ☎ 0118 926 3941 ✉ office@communicare.org.uk communicare.org.uk



Engage

Helping reduce isolation and loneliness by connecting people with their community. ☎ 0118 995 2102 ✉ engage@themustardtree.org engage-uk.org



ReadiFood

Supplying emergency food parcels to people in need. ☎ 0118 987 2672 ✉ admin@readifood.org.uk readifood.org.uk



Starting Point

Providing mentoring and creating opportunities for young people (11-25). ☎ 0118 995 2160 startingpoint.org.uk ✉ startingpoint@themustardtree.org



Torch

Providing practical help and hope to those who have no where else to turn. ☎ 0118 380 0260 ✉ help@torchhub.org.uk torchhub.org.uk



Help from churches and Christian charities across greater Reading.

All the listed organisations will accept referrals and work in partnership with local councils, statutory agencies and other charities to build our local communities by enhancing wellbeing and quality of life. They also support the work of Transform Reading (transformreading.org.uk) and Churches Together in Reading: networks of churches and Christian organisations working together to see Reading transformed.

Local churches and Christian charities do an incredible job of caring for people and meeting the needs of those who may otherwise fall through the gaps. There are many more charities in Reading that aren't listed on this flyer, and you can also access cost of living support from local council websites (reading.gov.uk/money-matters).

Get in touch with any of the listed charities to ...



Seek help



Volunteer



Make a referral
(consent required)



Donate



The Mustard Tree

torch

For more information, please contact either
info@themustardtree.org or help@torchhub.org.uk